

Yoga Retreat

with Carmen Engert

Arrive, Move, Recharge

22.10. – 26.10.2026



A stylish sanctuary for those who wish to slow down and renew their energy. This retreat combines gentle yoga, free dance-inspired movement, and mindful moments into a flowing, holistic experience.

Mornings begin light and invigorating, while the evenings invite you to let go and deeply relax. In between, there is time for what truly matters: spa, sea, nature, and the conscious enjoyment of stillness and space.

The program is suitable for all levels and requires no previous experience. Meditation, mindful movement, and small self-care rituals help bring body and mind into harmony—within an atmosphere of calm, elegance, and refined luxury.

For guests who see well-being as a lifestyle and appreciate quality, mindfulness, and lightness.

A sensual escape that touches, revitalizes, and creates a lasting effect.

Price & Services

Hotel package (4 nights):

- €1,200 in a double room (2 persons)
- €800 in a single room
- €920 in a double room for single use
- Yoga package: €200 per person

Included:

- Welcome drink
- À la carte breakfast
- 4-course dinner
- Access to the spa & wellness area
- 2 daily yoga & movement sessions (morning & evening)
- 1 massage (30 minutes)
- VAT

Not included: tourist tax (local city tax)



Carmen Engert